



# Developing Leadership through Theatre Performance



## Introduction (Programme)

This program is meticulously designed to cultivate key leadership skills such as communication, empathy, decision-making, and team dynamics, all through engaging theatre-based exercises. Participants will also enhance their self-awareness and emotional intelligence and learn to apply theatre performance principles to real-world leadership scenarios. Through theatre-based exercises, participants will learn how to express their thoughts and ideas more effectively, a skill that's crucial in any leadership role. The program will help participants understand and manage their emotions better and teach them how to empathise with others, fostering a more positive and productive work environment. Participants will learn how to work effectively in a team and manage group dynamics, enhancing the overall productivity and harmony in the team.

The program will touch on the following key topics:

- Theatre Director as Leader
- Improvising and the Role of Director in Teams
- Empathy and Emotional Intelligence in Character Building
- Decision-Making in Directing
- Self-awareness and Ensemble Building
- Working on Scenes
- Director's Styles in Theatre
- Self-awareness and Character Analysis
- Storytelling and Vision Casting
- Writing a Compelling Story
- Directing and Selecting a Script/Story
- Creativity and Innovation in Playwriting
- Public Speaking and Stage Presence
- Acting and Voice Modulations
- Authenticity and Vulnerability in Acting
- Responsibility and Accountability in Stage Management
- Transformational Leadership in Theatre
- Feedback and Critique in Theatre
- Rehearsals and Reflective Practice
- Final Performance and Feedback

## Objectives

By the end of this program, participants will be able to:

- Understand the parallels between theatre performance and leadership.
- Develop key leadership skills such as communication, empathy, and decision-making through theatre exercises.
- Enhance their self-awareness and emotional intelligence.
- Learn how to work effectively in a team and manage group dynamics.
- Apply the principles of theatre performance to real-world leadership scenarios

## For Whom

This program is designed to benefit a wide range of individuals who are interested in developing their leadership skills uniquely and engagingly. Participants who are on their journey to leadership can foster leadership skills in a supportive and creative environment. Those participants who have already been on their way to sharpen their existing leadership skills can refresh their skills and learn new approaches to leadership. Individuals who are team members can enhance their communication and teamwork skills, which can contribute to a more effective and harmonious team dynamic. This program may require a lot of physical activities.

## Pedagogy

The program pedagogy will include various training methods such as lectures, discussions, exercises, assessment instruments, and role plays.

## Programme Director



### Dr. Mrunal Chavda

Assistant Professor, Humanities & Liberal Arts

Dr. Mrunal Chavda has been working as an Asst. Professor at IIM Raipur. He holds a Ph.D. in Drama from the University of Exeter. He was a Post-Doctoral Research Fellow at the University of Cape Town (South Africa). He has been teaching English and Business Communication Skills since 2006. Before joining IIM Raipur, his experience included working with the British Council, Planet Education, CVM University, and the Government of Gujarat. He is an Associate Fellow of the Higher Education Academy, London. His doctoral thesis was focused on the live production analysis of British South Asian theatre and Indian theatre in English by employing a method of analysis developed from Bharata's Natyashastra, an Indian treatise on performing arts. His postdoctoral research was centred on the documentation and critical analysis of South African Gujarati Literature. He has presented his research papers at several reputed national and international conferences, including the South Asian Literary Association. His forthcoming edited book and book chapters are to be published by Edinburgh University Press, Palgrave MacMillan (Springer Nature, Singapore), and Vernon Press (USA).